

Personal, Social, Health and Economic Education (PSHE) – Long term map 2023-2024 whole school

Whole School Overview

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
School values and attributes	Ambitious and aspirational	Responsible and respectful	Reflective and critical thinker	Collaborative and independent	Creative and curious	Enthusiastic and engaged
Careers and employability CDI framework	Grow throughout life	Explore possibilities	Manage careers	Create opportunities	Big picture	Balance life and work
Skills builder themes	Aim high	Speaking and listening	Problem solving	Team work and leadership	Creativity	Stay positive
PSHE JIGSAW	Dreams and Goals	Being Me in My World	Healthy Me	Celebrating Differences	Relationships	Changing Me

Early Years – Understanding of the World

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
<p>Nursery</p> <p>Past and Present</p> <p>People, Culture and Communities</p> <p>The Natural World</p>	<p>Able to talk about who they are and who they live with</p> <p>Show an interest in different occupations (careers)</p> <p>Signs of Autumn – collect leaves/conkers</p> <p>Sensory activities- cold, hot, slimy, Sticky, smooth, rough</p> <p>Harvest (RE)</p> <p>Talking about special people and special customs at home/ parents recommending in food (RE)</p> <p>Share photos from home</p>	<p>Comment on fictional characters</p> <p>Discuss family tradition coming up to and including Christmas and Diwali (RE)</p> <p>Christmas / Production</p> <p>Nursery sing a long</p> <p>Looking at lights from different religions – Hanukkah, (22 Dec) Shabbat</p> <p>Bonfire Night</p> <p>Remembrance</p>	<p>Comment on fictional characters</p> <p>Start to discuss family members personal likes and dislikes through exploring traditional and newer stories</p> <p>Growing grass for the goats</p> <p>Bringing in a bear from home. Comparing similarities and differences</p> <p>Looking at weather- melting freezing</p>	<p>Talk about family members</p> <p>Talk about a wider range of occupations</p> <p>Talking about jobs people do through role play / stories. Who could help?</p> <p>Talking about discoveries during science week</p> <p>Investigating ramps – which one will be best for the police car? Why?</p> <p>Shops, garage , vets, firefighters, police, ambulance,</p>	<p>Look at some historical facts in non-fiction texts</p> <p>Eid ul Fitr cards (23 May)</p> <p>Caterpillars turn to butterflies</p> <p>Tadpoles to frogs</p> <p>Growing seeds</p> <p>Looking for minibeasts in the garden – identifying them using non fiction</p> <p>Looking at Henri Matisse- Photos from the past or now? Why?</p>	<p>Can talk about trips and things they have done with their families and connecting their ideas.</p> <p>What have they done? What would they like to do?</p> <p>What is near or far? Why?</p> <p>Looking at the globe and talking about countries we know Exploring our immediate environment- mini beasts, habitats, playground</p> <p>Talking about simple journeys</p> <p>Melting Ice</p> <p>Floating and sinking</p> <p>Sea creatures, under the sea</p> <p>Talking about jobs people do through role play</p> <p>Looking at different kinds of animals and their habitats</p>
<p>Reception</p> <p>Understanding of the World</p>	<p>P &C- My family. Who is special to me? Similarities between families.</p> <p>The world- Talk about my own immediate environment. Looking at Autumnal changes</p> <p>Technology- Simple games-Phonics and maths.</p>	<p>P & C- Celebrations and different cultures. Are we all the same? Showing an interest in different occupations.</p> <p>The world- Talk about my own immediate environment.</p> <p>Technology- Simple games- Phonics and maths. Photos of nature walk.</p>	<p>P & C- Talk about past, present and future events.</p> <p>The World-</p> <p>Technology- Recording of telling a story.</p>	<p>P & C- Past, present and future continued linked to topics.</p> <p>The World- (Science week)- talking about how things work and why things happen.</p> <p>Technology- Using Google to help us find out information. Email from Museum.</p>	<p>P & C- Similarities and differences continued.</p> <p>The world- Learning about the world around me and caring for living things. Differences in animal habitats.</p> <p>Technology- Programming games such as B-Bot.</p>	<p>P & C/ The world- Discussing changes. Why do things change/ grow. Linked to transition.</p> <p>Technology- Using Google to find out information. Games.</p>

Years 1 - 6 – PSHE Jigsaw Scheme of Work

	Aut 1	Aut 2	Spr 1	Spr 2	Sum 1	Sum 2
	Dreams and Goals	Being Me in My World	Healthy Me	Celebrating Differences	Relationships	Changing Me (Relationships and Health Education)
Whole School/SMSC	Rewards and Consequences World Mental Health Day Black History Month Changemaker elections Rights, Responsibilities and Democracy (Year 2 – 6)	Anti-bullying Week Careers Week	Healthy Lunches in school. Physical activity goals.	Growth Mindset Online Safety Week	SMART online safety in classes Daily check-in Worry boxes	Transition Days with new teachers
Year 1	Setting goals Identifying success and achievements Learning styles Tackling challenges and overcoming obstacles Feelings of success	Feeling special & safe Being part of a class Rights & responsibilities	Keeping myself healthy Keeping clean Being safe Safety at home Road safety Linking health and happiness	Similarities and differences Making new friends Celebrating the differences in everyone	Belonging to a family Making friends/being a good friend Physical contact preferences People who help us Qualities as a friend Being a good friend to myself Celebrating special relationships	Life cycles – animals and humans Changes in me Changes since being a baby Differences between female and male bodies (correct terminology) Linking growing and learning Coping with change
Year 2	Achieving realistic goals Perseverance Learning strengths Learning with others Working collaboratively and sharing success	Hopes & fears for the year Rights & responsibilities Safe & fair learning environment Valuing contributions Choices Recognising feelings	Motivation Healthier choices Relaxation Healthy eating and nutrition	Stereotypes Standing up for self and others Gender diversity Celebrating differences and remaining friends	Different types of families Physical contact boundaries Friendships and conflict Secrets Trust and appreciation Expressing appreciation for special relationships	Life cycles in nature Growing from young to old Increasing independence Differences between female and male bodies (correct terminology) Assertiveness
Year 3	Dreams and ambitions New challenges Motivation Enthusiasm Overcoming obstacles Evaluation learning processes Managing feelings Simple Budgeting	Setting personal goals Self-identity & self-worth Staying positive Responsible choices Seeing things from others' perspectives	Exercise Fitness challenges Food labelling and healthy swaps Attitudes towards drugs Keeping safe online and offline Respecting myself and others Healthy and safe choices	Families and their differences Family conflict and managing it Recognising how words can be hurtful Giving and receiving compliments	Family roles and responsibilities Friendship and negotiation Keeping safe online and who to go to for help Being a global citizen Awareness of how others live different lives Expressing appreciation for family and friends	How babies grow Understanding a baby's needs Outside body changes Inside body changes Family stereotypes
Year 4	Hopes and Dreams Overcoming disappointment Creating new, realistic dreams Collaboration	Being part of a team and a school citizen Group decision making Having a voice	Healthier friendships Group dynamics Smoking Alcohol	Challenging assumptions Judging by appearance Accepting others and self Understanding influences	Jealousy Love and loss Memories of loved ones Getting on and falling out	Being Unique Girls and puberty Confidence in change Accepting change

	Resilience and positive attitudes.	Motivations	Assertiveness Peer pressure Celebrating inner strength	Identify our uniqueness	Girlfriends and boyfriends Showing appreciation to people and animals	Environmental change
Year 5	Future dreams The importance of money Jobs and careers Goals in different cultures Supporting others – charity motivation	Being a citizen Rights and Responsibilities Having a voice Participating	Smoking including vaping Alcohol and anti-social behaviour Emergency aid Body image Relationships with food Healthy Choices Motivation and Behaviour	Cultural differences and how they can cause conflict Racism Rumours Wealth and Happiness Enjoying and respecting other cultures	Self-recognition and self-worth Building self-esteem Safer online communities Rights and responsibilities online (gaming and gambling) Reducing screen time Dangers on online grooming	Self and body image Influences online Puberty (school nurse visit) Growing responsibility Coping with change *Conception is taught in Science)
Year 6	Personal learning goals Success criteria Emotions in success Making a difference in the world. Motivation Recognising achievements compliments	Identifying goals Global citizenship Children's universal rights Anti-social behaviour Role modelling	Taking personal responsibility How substances affect the body Exploitation including county lines and gang culture Emotional and mental health Managing stress	Perceptions of normality Understanding disability Power struggles Inclusion/exclusion Differences as conflict/celebration empathy	Mental health – worries and sources of support Love and loss Managing feelings Power and control Assertiveness Technology safety and taking responsibility	Self-image Body image Puberty and feelings Reflections about change Physical attraction Respect and consent Boyfriends/girlfriends Sexting Secondary School Transition Visits *Conception is taught in Science)