

Year 2 Pol-Ed Lessons

Curriculum Road Map

Year 2 supports growing independence by helping pupils understand difference, cooperation and managing worries, while also beginning to navigate everyday risks. Through strand one, pupils explore how relationships and families vary. Within strand two, pupils explore how to stay safe in person and online. Finally, in strand three, pupils begin to think about their futures and learn how healthy routines and simple decision making can influence their wellbeing. This prepares pupils for the increased responsibility of KS2.

1

How are we the same?
How are we different?

How can I work with
different people?

What is a family?

How can I deal with
change?

Why are relationships
important?

How do I share family
worries?

2

Why does age matter?

What is the internet?

How can I keep
safe online?

What are private
body parts?

What are different
types of meetings?

What are the risks
of video gaming?

What are medicines?

What is fire safety?



3

What are needs and
wants?

What is a job?

What is money?

Why is sleep
important?

How can I look after
my body?

What does it mean to be
healthy?

When do I need to take a
break?

